

GROSS MOTOR/PT

History Of:

	Yes	No
Resistance to tummy time		
Not able to sit upright going down a slide		
Walking on toes		
Jumping one foot at a time instead of with both feet		
Delayed milestones		
Significant Reflux		
Avoids activities where feet leave the ground		
Avoids/fear of activities requiring balance		
Stamps/slaps feet on ground when walking		
Spillage of food/drinks from their mouth		
"W" Sitting		
Loses balance/trips easily or frequently		
Drags feet or has poor heel-toe pattern when walking		
Unable to alternate feet on stairs		
Lethargic or inactive		
Difficulty moving from one floor surface to another		
Poor flexibility		
Leans on objects/people for stability		
Locks major joints for stability when applying effort		
Dislikes being moved		
Moves with quick bursts of activities rather than sustained effort		
Joints feel loose or floppy		·
Seems weaker or tires more easily than peers		